



# AITP

## The Printout

The Nashville Chapter  
Of  
The Association Of Information  
Technology Professionals

January 2008  
Chapter Newsletter

### IT at HealthSpring, Inc.

Our January program is about the Information Technology operation of HealthSpring, Inc. HealthSpring is an independent, Tennessee based, managed healthcare organization. Our speaker is Andy Flatt who has served as Chief Information Officer for HealthSpring since August, 2006.

HealthSpring provides a comprehensive portfolio of healthcare benefit plans to employers in Tennessee. HealthSpring is also a Medicare Advantage organization with a Medicare contract, providing plans for Medicare beneficiaries in 27 Tennessee counties. HealthSpring is dedicated to improving the health of the community it serves by delivering the highest quality and greatest value in health care benefits and services.

Andy Flatt has 23 years of experience in Information Technology with almost all of that time focused in health care. Since August 2006, he has served as Chief Information Officer for HealthSpring, Inc. For six years prior he served as CIO for AIM Healthcare Services, Inc. During 2005, AIM ranked number one globally for the largest OLTP database on

a Windows Platform (6<sup>th</sup> overall for all platforms).



Andy also served in technology management roles at HCA and Baptist Hospital in Nashville. Previous to that he co-founded MIQS, Inc. in the early 90's where he worked with early electronic medical records pioneers.

Andy graduated from Lipscomb University in 1984 with a B.S. in Computer Science. He serves on various technology and civic boards and resides with his wife and two children in Nashville.

This should be an interesting presentation on how information technology is used in a growing healthcare organization. Andy Flatt will discuss how they compete with the other, and larger, healthcare organizations in Nashville. Andy has a reputation as an interesting speaker, so come and bring your questions.

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## AITP Nashville Roster

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<b>Newsletter Director:</b>	<b>Robert Wright</b> 615/243-7837 r.n.right@gmail.com
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<b>Internet Information —</b>	<b>Web Sites</b>
Chapter:	http://www.aitpnashville.org
Headquarters:	http://www.aitp.org
Region 7:	http://members.tripod.com/aitpregion7

AITP  
P. O. Box 22038  
Nashville TN 37202

## Dinner Reservation and Cancellation Policy

AITP members will be notified by electronic mail one week prior to the Chapter meeting. Reservations can be made by responding to the electronic notice or by calling **Mary Simpson at 615/367-8083 fax: 615/367-7775** Dinner reservations can be canceled up to 24-hours prior to the meeting without cost.

**Since the Chapter pays for reserved meals, No Shows will be billed at the reservation price of \$20.00 for Members, and \$30.00 for Guests.**

Members are responsible for their guests' reservations. *If you are a member and have not been receiving this notification, please contact Mary Simpson at:*

**615/367-8083 fax: 615/367-7775**  
[msimpson@genesco.com](mailto:msimpson@genesco.com).

### January Chapter Meeting:

Holiday Inn Select - Vanderbilt  
2613 West End Avenue  
Nashville, TN 37203  
(615) 327-4707

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## MESSAGE FROM THE PRESIDENT

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Dear Fellow AITP Members and Guests,

It seems as if the beginning of a new year is always a time for reflections. A good time to stop for a moment and take stock of the year that's just passed!

It's been a great year for AITP in Nashville! I would like to thank each and every one of you for helping make my year as President of the Nashville Chapter of the Association of Information Technology Professionals a good, positive experience! AITP is made up of an awesome group of people and I've really enjoyed working with each of you and getting to know some of you a lot better! I would like to extend a very special "thank you" to Ella McGill. Ella is our Secretary and she has worked tirelessly, helping in whatever capacity was needed! THANK YOU, ELLA!!!

I hope that everyone will seriously consider volunteering in some capacity – either helping with or chairing an AITP committee in 2008. I think that, like most things, the more you put into it, the more you get out of it! And, there are many "jobs" to be done! Get involved and give back to your Association to make it even better than ever!

Our December meeting was held at Chaffin's Dinner Barn Theater. We had a lovely buffet meal and, afterwards, were treated to a play titled, "The Game Show". If you missed this event, you definitely missed a great time! Audience participation was encouraged! We played "It's a Wonderful Lie", the "Match Game", and "Reindeer Games". All three were great fun! If you weren't there or if you had to leave before the Reindeer Games were played, you'll have to be sure to ask someone that stayed about the Redneck Croquet game!

Looking back over the year, we did have a couple of firsts! Among them was our first ever AITP lunch meeting. It was held in September. We actually attracted a different crowd – we saw some members and guests we had never seen before! The downside was that some of our regular members and guests weren't able to "do" lunch with us. Another first was our joint meeting with the Nashville PMI (Project Management Institute) Chapter in November. Both of these ventures were very successful! I think we should continue to think outside the box and come up with other ideas that will promote AITP and expose ourselves and our association to other great networking opportunities!

Even though my tenure as your AITP President is drawing to an end, I plan to continue coordinating the meeting arrangements and will, of course, serve as Past-President, which is also a Board position. So, you'll still be hearing from me on a very regular basis!

I hope 2008 brings you many blessings with continued success, good health and enough wealth, all while being constantly surrounded by your loving family and your many, many friends! I hope 2008 also brings you a closer relationship with AITP – I can't stress enough the benefits and rewards of getting involved!

Our January 10<sup>th</sup> meeting will be at the Holiday Inn Select – Vanderbilt and will feature Andy Flatt, CIO of HealthSpring, Inc. Andy will be speaking on "IT at HealthSpring, Inc.". We will also be electing new officers for the 2008 at the January 10<sup>th</sup> meeting. So, mark January 10<sup>th</sup> on your calendar and join us for a great presentation featuring a local Nashville area company and also to cast your vote for AITP officers for 2008!

Mary Simpson

President

[msimpson@genesco.com](mailto:msimpson@genesco.com)

### **This is from Robert Wright's January 2004 President's Message:**

Our December chapter meeting was held for the last time in the Music City Sheraton and ours was a select group of about twenty. Our speaker James York delivered an entertaining talk on the subject of building effective teams in the workplace using the "Z-process," so-named because of the zig-zag drawing created by linking the aspects of the method.

By helping each person understand his role in the organization it is possible to alleviate internal competitiveness, jealousy, lack of balance, lack of trust, and lack of respect. Mr. York identified five types of team members:

1. Creator -- has a conceptual and spontaneous approach.
2. Advancer -- puts ideas in familiar form; enthusiastic, persistent.
3. Refiner -- conceptual and methodical combination; sometimes employs "Devil's Advocate" approach.
4. Executer -- nominative and methodical; attention to detail.
5. Facilitator -- builds consensus, moderates conflicts, adapts to other styles.

According to Mr. York 27% are Creators, 5% Advancers, 11% Refiners, 18% Executors, and 39% "multi-folk." Training for team members is more effective when there is sensitivity to real world situations, high-tech learning is continued, and the training is developed from collaborative interviews.

As promised, we have begun work on getting information sent to Chapter contact people out to the membership -- without adding to everyone's spam problem. Charlie Apigian compiled a handout of upcoming events of interest to IT people and made it available to the attendees at the last chapter meeting. It pays to come to our monthly gatherings -- now in even more ways. Charlie also conducted our first door prize drawing. How to enter and what is the prize?

Show up at the next meeting and find out!

# Calendar of Upcoming Events 2008

Date	Event	Location	Information
January 10	Chapter Meeting	Holiday Inn Select	IT at HealthSpring, Inc. Andy Flatt, CIO
February 14	Chapter Meeting	Holiday Inn Select	Program TBA
March 13	Field Trip	Tennessee Titans	Russ Hudson, IT Director To be confirmed

## SPEAKERS

We are always interested in good speakers to make presentations at our AITP Chapter Meetings. If you know someone who is interested in making a presentation on a topic, on their company, or company's products, please contact Paul Saunders at (615) 367-1717 or [Paul@SaundersSystems.com](mailto:Paul@SaundersSystems.com).

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**AITP NEW MEMBER**

Jacqueline Hollingsworth  
Information Systems Manager  
Metro Water Services  
1700 3rd Avenue North  
Nashville, TN 37208  
[jacqueline.hollingsworth@nashville.gov](mailto:jacqueline.hollingsworth@nashville.gov)

WELCOME TO OUR NEW MEMBER!

**ELECTION OF NASHVILLE AITP OFFICERS FOR 2008**

**We will be holding our annual election of Nashville AITP officers at the January chapter meeting. The slate thus far is as follows:**

**President: Marshall Messamore**

**Vice President: Open**

**Secretary: Ella McGill**

**Treasurer: Beverly Gibson**

**Nominations may also be accepted from the floor during the meeting.**

**There are other Board positions open. If you would like to serve in a leadership role in Nashville AITP please contact Marshall Messamore or any Board member.**

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Business Card	(2" x 4")	\$ 50 for 12 issues

Contact Mike Eischen for more information! 367-7068

AITP  
P.O. Box 22038  
Nashville, TN 37202  
Address Correction Requested

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January 2008



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