

Date: Thursday September 8, 2016

Place: Holiday Inn Vanderbilt

Note: Please note the change of meeting fees for 2016:

Cost: Professional and Student Members - \$25

Guests - \$30

Discount: \$5 discount for any registration made before noon on the Tuesday before our Thursday meeting

Reservations

Contact Mary Simpson for reservations at
615-367-8083 or msimpson@genesco.com

Meeting Schedule

5:30 - 6:00 Social/Networking
6:00 - 6:45 Dinner
6:45 Business Meeting & Speaker

Avoiding Burnout

Jennifer Way - President, Way Solutions

Those of us in the Information Technology (IT) field know there is no shortage of projects; the problem is the shortage of time. This can easily lead to burnout caused by the IT person wanting to do what is asked, or management's demand for completion schedules. Our September program is about getting things done, but avoiding overwork and burnout.

Our speaker is Jennifer Way who is President of the Way Solutions organization here in Nashville. Jennifer has over 20 years of experience in HR consulting and coaching, leadership development and career management. She will discuss how to recognize the signs of burnout and how to handle them. Some solutions are easy and others are complex.

Jennifer and Way Solutions are on a mission. She wants people to derive more value from their work. She develops holistic talent solutions that integrate corporate and personal perspectives that result in greater value to both parties. Companies get more engagement and people feel more fulfilled. It's the way to work . . . hence, Way Solutions was born.

Way Solutions is an employment consulting firm that works with companies to attract, grow, and retain their top talent. Jennifer founded Way Solutions in 2004. She also has been associated with CareerBuilder.com as a Certified Consultant since 2008. Career Building Learning is headquartered out of Chicago. Jennifer has, in addition, worked as a Southeast Advisor for Aspen Advisors since 2006.

Prior to starting her own company, Jennifer was Vice President Relationship Performance Recruiting for TalentSphere in the Knoxville area; Senior Manager, Field Recruiting for Dollar General; Recruiting Director for MarchFIRST doing international assignments in France and Europe (she lived in Paris for five months); National Project Manager for KPMG; and was with the Ransford Group.

Jennifer is active in the Nashville Chapter of the MBA Women International starting in 2013, and is the Executive Board Member

for Membership. She authored a chapter in the MBA Women International e-book, "MBA Women's Guide to Success."

Jennifer has a Bachelor's degree in Business Administration from Ferris State University. She and her family live in East Nashville and have been in Nashville since 2001. Jennifer plays tennis, what she calls "whack and chase." She reads in her spare time.



Jennifer Way

Jennifer is a national speaker, author, and consultant on hiring top talent, career management, and developing leadership. This session should not be missed. We all need to avoid burnout.

Please post a copy on your company bulletin board

AITP September 2016 Meeting Announcement

REMEMBER

\$5 discount for early registration